

RAGH SASTRY, M.D., F.A.C.S.
Ophthalmology & Ophthalmic Plastic Surgery

175 N. Jackson Ave. Ste. 205
San Jose, CA 95116
Tel: 408-272-2100 Fax: 408-259-4946

INSTRUCTIONS FOR OUT-PATIENT CATARACT SURGERY

1) Report to: _____
_____ Arrive at _____

2) The surgery will be performed at:

Regional Hospital
225 N Jackson Ave.
San Jose, CA. 95116
(408) 259-5000

Advanced Surgery Center
2039 FOREST AVE #101
San Jose, CA. 95128
(408) 279-0791

- 1) **DO NOT EAT ANYTHING** (food or drink) after midnight the night before surgery.
- 2) You **CANNOT** drive to the surgery yourself---please make arrangements for someone to drop you off and pick you up from surgery.
- 3) Continue to take **all** medications prescribed by other Doctor's, unless specifically told not to by Dr. Sastry. The only medication that we ask you to take before surgery is your hypertension medication (if you take any) with a small sip of water.
- 4) Any patient taking Aspirin or insulin should specifically check on the medication schedule with Dr Sastry. **Tylenol** is okay to take after surgery if needed.
- 5) Wear loose clothing or something you will be comfortable wearing during surgery.
- 6) Leave all your jewelery at home.
- 7) Bring **ALL** medications that you normally take to the clinic.