

## Raghunand C. Sastry, M. D., F.A.C.S.

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### What to Expect after Cataract Surgery

- 1) Expect your operative eye to be light sensitive for about two weeks. This is fairly common and not a cause for concern. Please wear the sunglasses with 100% UV protection when you are in the sunlight at all times.
- 2) **DO NOT** press or rub the eye for a minimum of one week after surgery.
- 3) Do not remove eye patch after surgery. The eye patch will be removed at Dr. Sastry's office the following day at your post-op appointment.
- 4) Do not allow water, shampoo, cosmetics, or any other foreign material to get into the eye during the first week.
- 5) You may use the operated eye for reading, watching TV, etc.
- 6) **DO NOT** engage in any sports, swimming, etc.
- 7) No heavy lifting or bending for two weeks. If you need to bend down, please bend your knees instead of stooping over.
- 8) Resume any medications you were taking from other doctors as directed after surgery.
- 9) If there is eye pain or irritation of a significant degree over what you experienced on the first post-operative day, call the office ASAP, along with an on-call service over the weekend for emergencies.
- 10) If there is a sudden change or loss in vision, please contact the office immediately.
- 11) A final prescription for eyeglasses will be given to you in about one month after surgery, once the vision has stabilized.